

Date: 18th September 2026

St Anne's News.

With Christ in our hearts we live life to the full.

Happy Friday everyone!

It's been another successful and busy week in school. The children have been living out our current virtue 'Love of Learning' with their positive attitudes in class. Well done to all of our certificate winners this week - you have made us so proud as always. See the following slide for the winners.

The Yorkshire Children's Charity have been in touch, offering support to those families who might struggle to buy Christmas presents this year. If you need support, please contact school through Arbor or pop in to speak to Mrs Atkinson.

I am pleased to let you know that this year, we will be working alongside the local Mental Health Support Team. They will be introducing themselves to the staff and children next week. I have added some information about what they will provide in this newsletter.

We have some new dates on the calendar - please add them to your diaries!

Have a lovely weekend.

Mrs Atkinson - Headteacher

Our current virtue is:



Living life to the full..

This week, our class winners are:



Year 1 - Azaan

Year 2 - Hafsa

Year 3 - Amelia

Year 4 - Neha

Year 5 - Stacey

Year 6 - Anaya

Mental Health Support Team

Supporting Mental Health
and Emotional Wellbeing for
Young People and Families



Introducing the MHST

The Mental Health Support Team (MHST) are specialist Mental Health Professionals who work within education settings to provide an additional source of support for young people, their families and education staff.

We promote within the school/college community and work collaboratively to deliver themed workshops and assemblies.



Support for Parents

We host a monthly Parent Support Group online via Microsoft Teams, on a variety of topics.



Please email:
mhstparentssupport@bdct.onmicrosoft.com
if you would like more information.



We also offer parent-led CBT, delivered individually or in a group, to help parent/carers support their children using Cognitive Behavioural Therapy principles.



Support for Young People

The MHST is made up of qualified and experienced practitioners that understand and can help young people's emotional and mental health difficulties, using a range of individual interventions.

These can include but are not limited to:

- Low mood
- Worries
- Anxieties including: general, social separation anxiety and phobias
- Panic



How to access Support

1

Speak to a member of education staff about the MHST.

2

Complete the referral form with the staff member with parent/carer consent.

3

MHST will contact either the parent/carer or education staff to discuss next steps.

Support may include:

- 1-1 work with the young person or
- Signposting to a more suitable service



Please allow 5 working days for a response from our Admin team.



mhst@bdct.nhs.uk

If urgent support is required, please contact First Response on 0800 9521181



Just a reminder that we are an allergy aware school. We have a number of children with severe nut allergies. If they come into contact with any form of nuts, they could have a severe allergic reaction. Please check snacks in your child's lunch bags and in treats sent in for birthdays. Typical food items we have seen recently and had to confiscate include: Nutella spread on sandwiches, Snickers/Bounty bars and Kinder Buenos.



Dates for the Autumn term so far

September

Wed 23rd 3pm – Year 2 Phonics workshop for parents

Thur 24th 9am – Year 1 Phonics workshop for parents

Thur 24th – Year 5 Pen-y-ghent walk

Fri 25th 3pm – EYFS Phonics workshop for parents

Mon 28th & Tue 29th – Years 5 & 6 Bikeability

Wed 30th – 9:30 Year 6 Class Mass

October

Thur 1st – Year 3 Farm trip

Fri 2nd – Year 4 Farm Trip

Wed 14th – School photos

Wed 14th – Year 5 Class Mass

Thur 15th Oct – SEND coffee morning

Thur 15th Oct 3pm – Y3 & 4 Times Tables workshop for parents

19th – Flu vaccinations

21st – Years 5 & 6 Fire safety talks

21st 9:30 Year 4 Class Mass

23rd – Last day of the half term

SCHOOL CLOSED FOR HALF TERM: Monday 26th Oct – Monday 2nd Nov

November

2nd – School closed for training

3rd – Back to school

5th – Parents evening

9th – Fluoride varnish

10th – 10:15 Year 3 Class saint worship

27th – School closed

30th – School closed

December

1st – School open

Thur 10th – 11am & 2:30pm – EYFS Nativity performance for parents

Mon 14th – 4pm KS1 Nativity performance for parents

Wed 16th – Christmas Fayre after school

18th – Last day of term

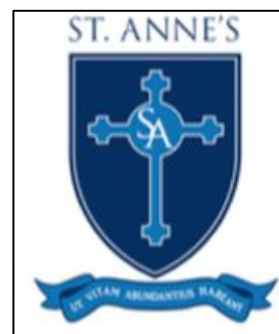
CHRISTMAS HOLIDAYS (School will re-open Monday 4th January)



St Vincent
de Paul Society

England and Wales

Turning Concern into Action



Do you need our help/support?

If you are struggling to afford new uniform for school, including coats, PE kits or school shoes, we are here to help. One of the local SVP groups have offered to support us in buying new uniform for children at St Anne's. We just need to know which sizes and we will get them for you.

If you're struggling for food, we know different charities that can help with food parcels also.

If we can help in any other way, we will, so please get in touch either by email, phone or in person.

We are here to help :)

